

## **FREE Magnetism Training:**

Allow yourself to practice every day 6-12 Month to get serious results.

Some results may come more fast. Results may be being in the right place at the right time.

Feeling more happy and optimistic. More luck in life and love. Financially better situation.

*The best you can do is make a workbook from all the drawings.*

*Be aware you will need to place your book in a 45° angle with some exercises.*

***Do not replace the drawings by other drawings, people or animals!***

*Always have fun in the practice and smile you are improving your life quality!*

*If the fortune come your way not forget to donate, this way we can help more people.*

*Like in the movie "Pay it forward" we would like to create a positive vibe.*

*This can only be possible with your help.*

*There is more than enough for everybody in Universe.*

***Good luck and live your life at the fullest!***

***If you can't wait 12month come to our live training and get the results in 3 days!***

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### **The Magnet:**



**The Universal Symbol for Magnetism.**

**When magnetizing this symbol you will start to notice the influencing from the Universal Magnetism.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1 & Max.2min

**Mental Orientation:** Influence this drawing as much as you can.

**Visualization:** Imagine a (Blue) fluid is going out from your finger tips charging the drawing.

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### **The Solar Symbol:**



**The symbol of living and Spiritual power.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1 & Max.2min

**Mental Orientation:** With this exercise you practice to get Magnetism power from the source itself what you are radiating, from Earth magnetism. What you give to your surroundings you will get back. It's wrong to get all magnetism power from yourself! **You get what you give...**

**Visualization:** Imagine a (Blue) fluid is going out from your finger tips charging the drawing.

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## The Man:



Generator of the Magnetism.

**How to use:** Stand or sit, drawing flat on the table and magnetize from head to feet,

**Duration:** Min,1, Normal 3min., Max.5min

**Mental Orientation:** With this exercise you practice influencing other people only with your Presence. Without doing something special! Magnetize random man.

**Visualization:** Imagine a (Blue) fluid is going out from your finger tips charging the drawing.

**NOTE:** Don't think about a person. You want to project your Magnetism to all people...

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## Magnetic Gaze:



**Gazing, soft, smiling, friendly, a source of high influence!**

**How to use:** Sit, **drawing in a 45°angle** Look at the middle white dot, Do NOT blink.

**Duration:** Min,1 & Max.2min

**Mental Orientation:** With this exercise you practice your sympathy and trust. Soon more people will start to like you. Without doing something special.

**Visualization:** Empty mind

**NOTE:** Look friendly, smile and enjoy!

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## The Diamond Shape:



**Symbol of evolution, So above so below. The miracle of Unity.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from Top to bottom,

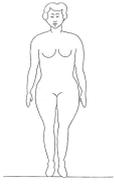
**Duration:** Min,1, Max 2min.

**Mental Orientation:** With this exercise you practice interacting the force continuously in evolution in the Universe.

**Visualization:** Imagine a strong(Blue) fluid is going out from your finger tips charging the drawing.

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### The Woman:



**Magnetic source same like the man.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from head to feet,

**Duration:** Min,1, Normal 3Min., Max 5min.

**Mental Orientation:** Desire to magnetize random lady's

**Visualization:** Imagine a strong(Blue) fluid is going out from your finger tips charging the drawing.

**NOTE: Don't think about a special lady. You want to project your magnetism on all lady's,**

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### The Cubic Stone:



**The symbol of accomplishing desires, achieving goals from the hard work.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from Top to bottom,

**Duration:** Min,1, Max 2min.

**Mental Orientation:** The fact you are developing your Magnetism will bring you success in your projects, gestures, words, movement, thinking, you will start to radiate a fluid stronger and stronger. A strong and powerful growing Magnetism.

**Visualization:** Imagine a strong(Blue) fluid is going out from your finger tips charging the drawing.

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### Auto suggestion:



**Five pointed star. Symbol of balance. New Ideas. The highest human ideal.**

**How to use:** Sit, **drawing in a 45°angle** Look at the middle of the star, Do NOT blink. and repeat Mechanically: **"EVERY DAY ON ALL LEVELS I FEEL BETTER AND BETTER"**

**Duration:** Min,1 & Max.2min

**Mental Orientation:** This exercise is to grow your potential without limits. Absorbing external powers what will make you stronger and stronger every day. And most of all more Magnetic.

**Visualization:** Empty mind

**NOTE: Look friendly, smile and enjoy!**

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### Magnetic Water:



**The symbol of the magnetic fluid. Concentrating the power.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1, Max 2min.

**Mental Orientation:** Charge the bottle with Magnetism

**Visualization:** Imagine a strong(Blue) fluid is going out from your finger tips charging the drawing.

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### Reproduction of the beams:



**The beams present themselves from ring to ring en create a resonance.**

**This resonance will never die in the unseen world!**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1, Max 2min.

**Mental Orientation:** Your magnetism reproduces itself in far distances. The less effort the better it will work.

**Visualization:** Imagine a strong(Blue) fluid is going out from your finger tips charging the drawing.

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### Magnetic Voice:



**Our breath is always loaded with power. The breath announces always life.**

**This will power your voice and tone.**

**How to use:** Stand bend a little through your knees place your hands on your hips.

**Make an "O" shape with your mouth and exhale while say "VVVVVHHHHH" inhale through your nose. Exhale through the "O" shape mouth.**

**Duration:** Min,1, Max 3min.

**Mental Orientation:** Your words start to have Magnetic power

**Visualization:** Imagine a strong(Blue) fluid is going out from your mouth.

**NOTE:** Not stress yourself doing this exercise just relax.

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### Second Gaze exercise:



**The Black disk is a simple magic mirror.**

**The symbol of the unseen. And the joyful life what become a life.**

**How to use:** **Sit, drawing in a 45°angle** Look at the middle of the black disk, **Do NOT blink.** Smile and your eyes little bit more open than normal.

**Duration:** Min,1 & Max.2min

**Mental Orientation:** **Your look start to become magical. Magnetically.**

**NOTE:** Look friendly, smile and enjoy!

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### The Cat:



**The Cat is a strong creature with strong vital power, a natural electrical source.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1, Max 3min.

**Mental Orientation:** Desire to influence all animals and other living creatures

**Visualization:** Imagine a strong(Blue) fluid is going out from your fingers into the drawing.

**NOTE:** Do not stress the cat in your house! Use the drawing.

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### The Tree:



**The Symbol of power in a relaxed state. Connection between Earth and surroundings.  
Power-charger.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1, Max 3min.

**Mental Orientation:** Connect with the energy in nature.

**Visualization:** Imagine a strong(Blue) fluid is going out from your fingers into the drawing.

**NOTE:** Do not stress the cat in your house! Use the drawing.

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## The Spine:



**The seat of the unconscious life, the nerve powers and friendship powers who are controlling the organs of the human body.**

**How to use:** Stand or sit, drawing flat on the table and magnetize from top to bottom,

**Duration:** Min,1, Max 3min.

**Mental Orientation:** Your Magnetism will influence the world. On a unconscious level. You will do good to others with your Presence. People will come look for you.

**Visualization:** Imagine a strong(Blue) fluid is going out from your fingers into the drawing.

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## Last Gaze exercise:



**The Focus point. To develop your charm in the way you look.**

**How to use:** **Sit, drawing in a 45°angle** Look at the middle of the black dot, **Do NOT blink.**

**Duration:** Min,1, Max 3min.

**Mental Orientation:** Realize your magnetic power radiates through your face.

It will influence other people in a strong way. Without they even realize,

**Visualization:** Imagine a strong(Blue) fluid is going out from your face and eyes.